

# MYgroup APP

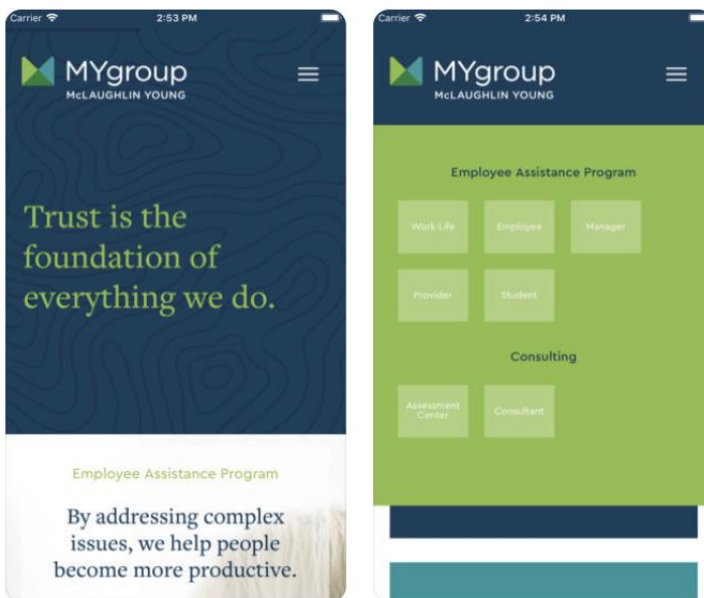


**MYgroup**  
Health & Fitness

**OPEN**

**APP INCLUDES:**

- Online tools, such as interactive learning modules and self-help articles
- Direction to in-the-moment support for more distressing issues
- MYportal access to Work-Life services
- Login credentials remain the same as they are for mygroup.com



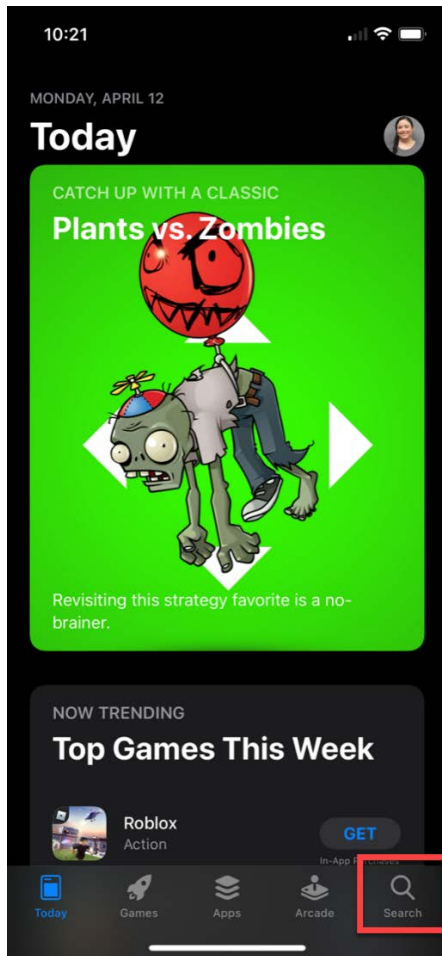
Your Member Assistance Program has launched a new app MYgroup. Confidential and free to download, the MYgroup app gives you immediate access to the support and tools you need to be happier, healthier, and more productive. The MYgroup app is available for download at the Apple App Store and Google Play Store.



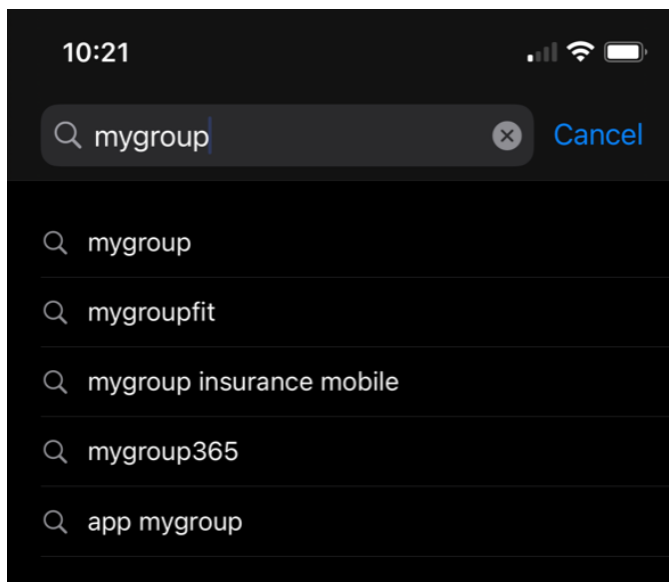
TOLL-FREE: **800-633-3353**  
WEBSITE: [agcarolinafc](http://agcarolinafc.com) > My Portal Login > Work-Life  
USERNAME: **organization specific** • PASSWORD: **guest**



# Downloading the Mobile MyGroup App for Members of AgCarolina Farm Credit

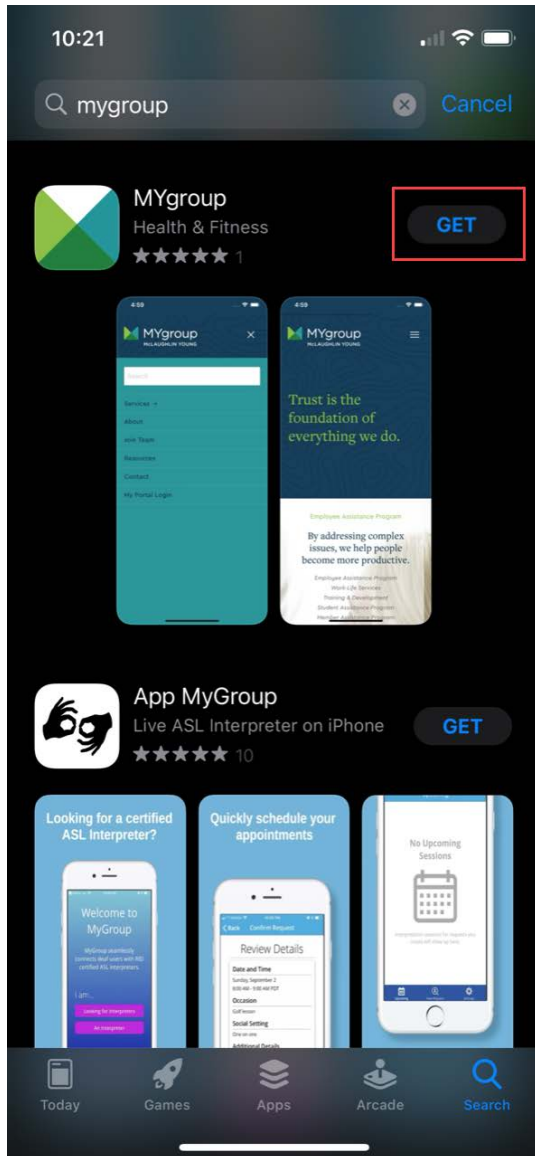


Open up your App store on your device, click the search button



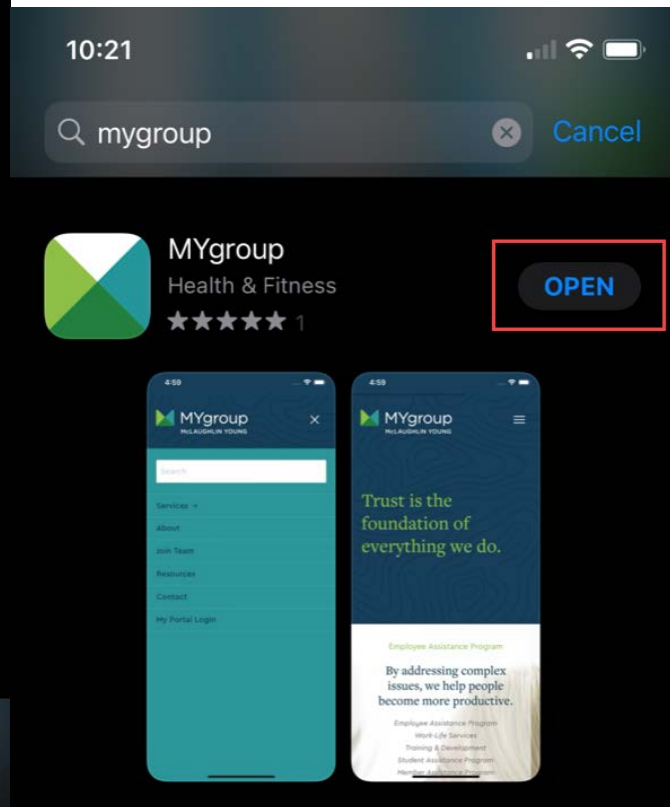
Type "MyGroup" into the search bar

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When you see the correct app, click on "Get".

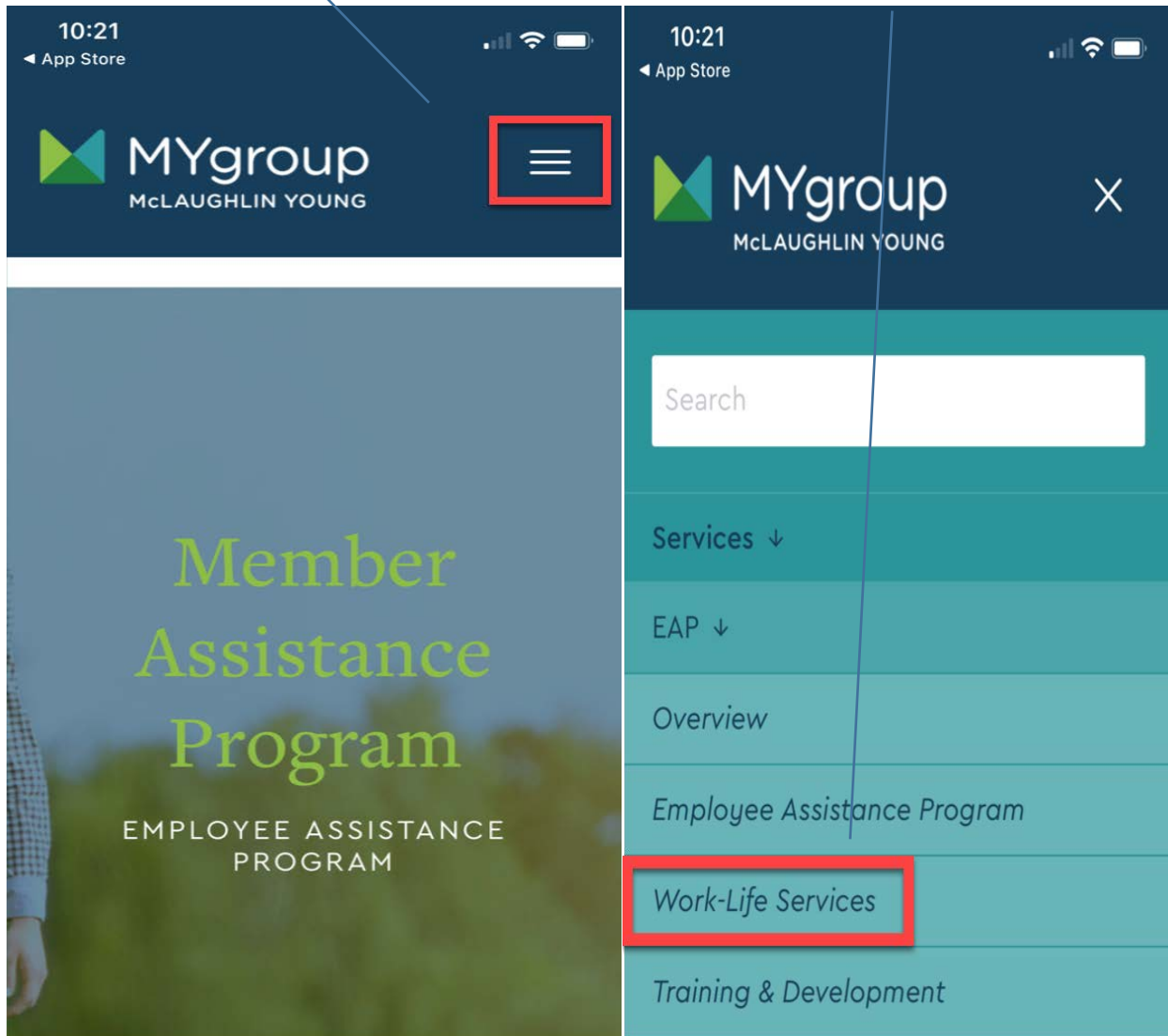
Once it has finished downloading, click "Open".



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When the app opens, click on the menu icon

You can select either the "Work Life Services" or the "Member Assistance Program".



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The screenshot displays the MYgroup login page for McLaughlin Young. It features two identical login sections. The top section is for 'Work-Life Services' and the bottom section is for 'Global Work-Life Services'. Each section contains a 'Username:' label, a text input field, a 'Password:' label, another text input field, and a 'Submit' button. A vertical blue line is drawn from the 'Submit' button of the top section down to the 'Submit' button of the bottom section.

Type in the following:

Username:           agcarolinafc

Password:           guest

Then click "submit".

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That's it! Now you are ready to navigate the MyGroup app on your phone anytime you need and immediate access to the support and tools you need to be happier, healthier, and more productive is available at fingertips 24 hours a day, 7 days a week.

